



CVL Schedule of Vein Treatments

Visit	Reason for Visit	Notes	Expectations
1	Initial consultation	History and physical examination is performed	Patient education, explanation of process
2	Ultrasound/ Duplex	Performed after initial consultation to assess function of deep and superficial veins. The duplex provides the information necessary to develop a plan of therapy.	Duplex results will be explained. A treatment plan based on findings will be discussed.
	Insurance Approval	Our office will provide the necessary information to your insurance company. VNUS Closure is covered by most insurances. Some insurance companies require the use of compression hose prior to treatment.	We participate with most insurance companies. Unpaid balances of treatments incurred, are the patient's responsibility. Our staff will provide answers specific to your individual insurance provider.
3	VNUS closure procedure(s)	<ul style="list-style-type: none"> -approximately one hour treatment in office -local anesthesia at multiple sites on leg -after the procedure, an ace wrap and support hose will be applied to the treated leg -you may drive yourself home -no pain medication needed for this procedure as the procedure produces no significant pain -wear ace wrap and support hose until next morning - wear support hose for next 3 days & nights - take your usual medications - No heavy lifting or strenuous activity for 3 days - Ambulation is encouraged - Resume exercise on the fourth day 	<ul style="list-style-type: none"> -Appearance of leg veins will not be significantly changed by this first step of treatment. Associated Varicose Veins may reduce in size. -the leak in the saphenous vein will be closed in 99% of patients -Return to work the day after the procedure -Will need an ultrasound to check the leg after closure. -Will need thigh high support hose for compression, which can be purchased in office -Avoid long distance travel for one week
4	Ultrasound/Duplex	Check to see if the vein is sealed at 3 days, 2 weeks & 3 months after closure procedure. Check the status of the other deep veins. 30 min appt.	Vein will be sealed 99% of the time, deep veins should be normal. Duplex results discussed. Additional needed treatments discussed.



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3-5	Visit for sclerotherapy or vein removal	May require one or both treatments, in office. For sclerotherapy each leg takes 30 min. For vein removal (phlebectomy), expect about one hour. Sclerotherapy or phlebectomy are performed in multiple treatment visits for best results.	-Some veins may be left behind, but appearance of the leg will be improved. -Treatments of remaining veins are not always medically necessary. In some cases, treatments are considered cosmetic in nature, and NOT covered by insurance. A Dr. will discuss individually.
6	Assess results	Evaluate & discuss results of treatments This appointment would be after all treatments, usually a few months later	Decide if more sclerotherapy is needed based upon the appearance of the leg
7	Future years	New veins may occur and require treatment	Call office for reevaluation