



LASER HAIR REMOVAL INSTRUCTIONS

Pre-procedure:

1. Do not use any retinoid, glycolic/salicylic acid, or topical vitamin C products for at least 3 days prior to your treatment. Accutane must be discontinued for at least 6 months before treatment.
2. Do not pluck or wax the hair in the treatment area for at least 6 weeks prior to your treatment. Shave the area to be treated. If the hair in the treatment area is very sparse, please let us trim this at the time of your treatment as this allows us to better define the treatment area.
3. Avoid sun and sunless tanning creams for 4-6 weeks prior to treatment. We cannot perform your treatment if you are tanned.
4. Topical anesthetic cream is available and will be discussed at your consultation.
5. Digital photographs will be taken at your first visit.
6. The day of your treatment, do not wear any make-up, cream or oils on the area to be treated.

Post-procedure:

1. Cool compresses will be applied immediately following your treatment.
2. If there is crusting, you may apply an over the counter antibiotic ointment twice daily.
3. Avoid retinoid, glycolic/salicylic acid or topical vitamin C products until any crusting disappears or 3 days post treatment.
4. Protect area from sun and wear a broad spectrum UVA/UVB sunscreen daily.
5. You will notice some singed hairs and hairs that are working their way up out of the follicle. This shedding process may take up to two weeks.

**We, at Capitol Vein and Laser Center want you to be pleased with your treatments.
Please call us if you have any questions or concerns: 301-695-8346**