



## FILLER AFTER-CARE INSTRUCTIONS

- A cold compress may be applied immediately after treatment to reduce swelling.
- A few hours after treatment the area can be gently washed with soap and water.
- Until there is no redness or swelling, avoid exposure of the treated area to intense heat (sun lamp or sun bathing).
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another occurrence. Speak to your physician about medications that may minimize a recurrence.
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, and high doses of Vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.

If you have any questions or concerns, please call our office at (301) 695-8346.