



CHEMICAL PEEL CONSENT

Chemical Peels are designed to refine skin texture damaged by environmental factors. Alpha and beta hydroxyl acids, used in chemical peels, are found naturally in fruits, willow bark, wintergreen leaves and sweet birch bark. Our Vitalize peel also uses Retinoic Acid. These solutions help slough off dead cells and debris while stimulating the skin's renewal process.

Retinol products should be avoided 2-3 days prior to your treatment. Waxing and laser treatments should be avoided for one week prior to your treatment.

A series of 4-6 peels, at 2-4 week intervals is recommended for best results. The procedure itself lasts about 20 minutes depending on the area treated. After the procedure the area may appear pink or red and feel like sunburn for 2-24 hours. Cool compresses may be applied. Superficial peeling of the skin may be noticed. Do not assist this process in any way.

Since this treatment produces only a superficial peel, there is a very good safety profile. There is a rare possibility of lightening or darkening of the skin. The occasional patient will develop pronounced redness, swelling and crusting. A small risk of infection exists if the skin is broken. Topical steroids and/or antibiotics may be needed. Skin may be more sensitive to the sun for several weeks and there is an increased risk of sunburn. Peels should not be performed on pregnant women, or during the breast feeding period. Some patients with darkly pigmented skin and some patients with rosacea may not be ideal candidates. In addition, let us know if you are allergic to Aspirin, have used Accutane or have had chemotherapy or radiation within the last year.

Although every attempt will be made to provide you a pleasing cosmetic result we cannot specifically guarantee results in every individual. I consent to the chemical peel treatment and understand all risks and benefits.

Patient Signature

Date